

N. A. river otters: San Francisco Zoo, California

"What is an enriched environment? It is one that allows animals to perform natural behaviors, gives animals control over their lives, eliminates frustration, makes captive environments more interesting, gives animals more choice, and allows animals to be more active. Enrichment of the enclosure involves the physical environment including shape, size and complexity. Complexity consists of an animal environment such as visual barriers, climbing or traveling structures, substrates, rest/sleep areas and temporal complexity. Manipulable objects such as toys and vegetation, the opportunity to use five senses, and the social environment are all beneficial to the animal. The types of food offered, the frequency and presentation play a large role in enriching the lives of our captive charges.

(Grams, K. 2000. Exhibitry and Enrichment of North American River Otters (<u>Lontra canadensis</u>) at The Arizona-Sonora Desert Museum. Animal Keepers' Forum, Vol. 27, No. 4. Quotation is referencing a presentation given by D. Shepherdson & J. Mellen at the First Environmental Enrichment Conference in Portland, Oregon, 1992.)

When developing your otter enrichment program do not forget the importance of your exhibit design. A complex, well thought out exhibit will provide a multitude of enrichment options. Exhibit furniture can be moved (both onshore and "offshore") and should be changed periodically to introduce novelty to the animals' environment. It is preferable to offer a variety of substrates. This affords the animals a choice of where to do their grooming and allows for a range of exploratory behaviors which can be encouraged by planting toys, food items, etc. throughout the exhibit. Pools, streams, waterfalls, etc. need to be varied in depth; if possible, water bodies in the same exhibit should also offer different features such as degree of turbulence, shore composition, and submerged fixtures like logs, rocks, etc. Stones, rocks, pebbles, and non-abrasive sand placed along the shoreline, or as part of shallow water bodies, offer a rich medium for manipulation by the otters and hiding of treats and toys. Temporal enrichment can be a valuable option for those exhibits designed with adequate off-exhibit holding facilities. Animals can be rotated on and off exhibit providing them with the opportunity to explore different spaces, get away from the public or other animals for awhile, pursue a more natural behavior cycle like following the scent of an estrous female, and finally, periodic rotation of animals stimulates activity in the exhibit and creates an opportunity for keepers to introduce other enrichment items to the exhibit. Indoor exhibits should offer temperature gradients to allow animals the choice of where they want to be and outdoor exhibits should provide varying degrees of shade. Sleeping/hiding place choices should be available in any exhibit type.

And finally, when looking for new enrichment items keep these criteria in mind: "First, the object must be large enough so that it cannot be ingested. Second, it must be strong enough to stand up to their teeth. Third, it cannot have any sharp edges that could cut the otters. Fourth, it cannot have any small parts that could break off..." (Gabbert 1999)

Development of enrichment ideas should be goal-oriented, proactive, based upon the animal's natural history, individual history, and exhibit constraints, and should be integrated into all aspects of their captive management. Providing the appropriate enclosure designs (e.g., land/water ratios, pool/land designs), substrates, and furnishings for each otter species are essential components of any enrichment program. Enrichment should encourage otters to behave as they would in the wild, as closely as possible. Successful enrichment techniques include, variation of exhibit schedule or exhibit mates (where appropriate only), re-arranging of exhibit furniture/features, complete change of furniture (some of the old should always be retained to maintain the animal's scent and an element of the familiar), scents, sounds, toys (natural and artificial), herbs, spices, different substrates for digging/rolling, food items, and novel presentation of food items. It is important that enrichment items are not merely thrown in an exhibit and allowed to stay for extended periods - an enrichment program is only successful and useful if actively managed and constantly reviewed to ensure it encourages natural behaviors. The AAZK Enrichment committee provides the follow general guidelines about enrichment:

"The goal of enrichment should be to maximize the benefit while minimizing unacceptable risks. All enrichment should be evaluated on three levels: 1) whether the enrichment item itself poses an unacceptable risk to the animals; 2) what benefit the animals will derive from the enrichment; and 3) whether the manner of enrichment delivery is apt to lead to problems.

A written plan of action that eliminates the most dangerous risk factors while maintaining the benefits of a challenging and complex environment can help animal managers develop a safe and successful enrichment program. Keepers should evaluate new and creative enrichment ideas with their managers and staff from other departments (curatorial, janitorial, maintenance, veterinary, nutritional, etc.) to decrease the frequency of abnormal and stereotypic behaviors or low activity levels, and to fine-tune enrichment ideas. For enrichment to be safely provided, it is strongly recommended that each institution establish enrichment procedures, protocols, and a chain of command that keepers can follow." (AAZK Enrichment Committee)

The AAZK Enrichment Committee also provides an excellent cautionary list for the various types of enrichment provided (accessed through www.aazk.org). This list includes key questions that should be answered for all enrichment items or programs to assess potential hazards. For example:

- 1. Can the animals get caught in it or become trapped by it?
- 2. Can it be used as a weapon?
- 3. Can an animal be cut or otherwise injured by it?
- 4. Can it fall on an animal?
- 5. Can the animal ingest the object or piece of it? Is any part of it toxic, including paint or epoxy?
- 6. Can it be choked on or cause asphyxiation or strangulation?
- 7. Can it become lodged in the digestive system and cause gut impaction or linear obstruction?
- 8. In a multi-species exhibit or other social grouping, could a larger or smaller animal become stuck or injured by the object or get hung up on it?
- 9. Can it destroy an exhibit?
- 10. If fecal material is used for enrichment, has it been determined to be free from harmful parasites?
- 11. Is food enrichment included as part of the animals' regular diet in a manner that will reduce the risk of obesity?
- 12. When introducing animals to conspecifics or in a multi-species exhibit, are there sufficient areas for them to escape undesirable interactions?
- 13. Can the manner of enrichment presentation (i.e., one item or items placed in a small area) promote aggression or harmful competition?
- 14. Has browse been determined to be non-toxic?
- 15. Do the animals show signs of allergies to new items (food, browse, substrates, etc.)?
- 16. Does the enrichment cause abnormally high stress levels?
- 17. Does the enrichment cause stimulation at a high level for extended periods of time that do not allow the animal natural down time in the species' normal repertoire (e.g., constant activity for public enjoyment when the animal would normally be inactive in its native habitat)?

Factors that should be considered when determining how often behavioral or environmental enrichment is offered include the species and individual(s) involved as well as the physical characteristics of the exhibit. Large, complex exhibits with appropriate enclosure designs, substrates, and furnishings may offer ample opportunities for animals to exercise natural behaviors with infrequent enrichment (once daily). Other exhibits or individuals may require more frequent enrichment (multiple times per day). Husbandry staff should monitor all individuals in an exhibit and structure an enrichment schedule for the needs of those animals, providing them opportunities several times a day to interact positively with their environment. Enrichment should never be offered on a regular schedule, instead times, items, and delivery methods should be rotated so there is always an element of novelty associated with each item or activity. It is important to note that the provision of well-designed, complex environments is the foundation of a successful enrichment program. This is particularly true for

some of the more sensitive otter species such as L. brasiliensis, but applies to all of the otter species due to their inquisitive nature and high-activity level.

References:

Gabbert, A. 1999. *An "Otterly" Enriching Environment"*. Shape of Enrichment. Vol. 8, No. 2, May 1999.

Appendices:

Appendix A: How can a zoo enclosure be enriched – broad concepts

Appendix B: Enrichment items – Tables

Appendix C: AAZK Enrichment Committee, Enrichment Caution List

Appendix A

"How Can a Zoo Enclosure be Enriched?"*

(Excerpt from: Reed-Smith 2001: N. A. River Otter Husbandry Notebook)

Physical Environment Social Environment

Size & Shape Conspecific

Complexity Group size and composition (wild as a model)

Visual Barriers Contraspecific Climbing/Travel Structures Mixed Species

Substrates

Rest/Sleep Areas Occupational Enrichment

Temporal Complexity Learning
Manipulable Objects Training
Toys Puzzles

Vegetation

Food

Type Presentation
Novelty Hidden
Variety Whole Food
Treats Dispersed
Delivery Live Food

Frequency Processing Time, etc.

The Senses

Auditory Taste
e.g. Taped Vocalizations Variety
Olfactory Novelty

Scents Seasonal Change

Faeces (conspecifics, other species)

Spices
Tactile
Texture
Manipulable

Manipulable Objects

Novelty

^{*} Take from: Compendium of Enrichment Ideas, Proceedings of 1st Conference on Environmental Enrichment 1993, Oregon Zoo, 4001 S. W. Canyon Rd., Portland, Oregon 97221.

Natural	Exhibit	Non-edible	Live Food	Edibles
	Furniture	manmade		
Soil, sand, mulch,	Climbing areas	Boomer balls – all	Fish (smelt, shiners,	Ice blocks w/ fish,
etc.	(technically available	sizes & various	gold fish, trout,	fish-sicles, fish
	in all exhibits, i.e.	products like the	salmon, mackeral,	cubes, etc.
	cliffs, ledges, etc.)	"spoolie" & "ice	tilapia)*others listed	krill cubes, clam
		cube"	below	cubes, etc.
Grass, sedges, etc.	Logs (on land,	Ice blocks, cubes,	Crayfish	Frozen or thawed
	submerged, floating;	pops, etc.		sand eels
	hollow &/or solid)			
Trees	Rocks (not artificial)	Natural snow & ice	Crickets	Fish pieces
Bushes	Waterfall	Dog chews, rawhide	Fly-in birds	Scattered carrot
TT' (/ ' 1 N	a.	treats	G: 1	pieces
Vines, "vine hoops"	Stream	PVC cricket feeder	Giant mealworms	Chicken necks
Aquatic plants	Sticks Browse (leafy	Buckets Blankets, burlap,	Earthworms Freshwater clams	Mice Whole fish – frozen
Hay, straw, grass, leaves, wood wool as	branches on land	hammock, non-	Freshwater clams	or thawed
bedding	&/or floating	fraying rags		oi maweu
Grass piles	Slides	Barrels of water	Mussels	Whole
Grass pries	Sildes	Frishees	- Widsels	apples/oranges
Leaf piles	Tunnels	Tubs of water	Krill	Fruit & berries (incl.
Lear piles			1	grapes, blueberries,
		Carpet over board		strawberries)
Rocks, all sizes for	Stream bed	Rubber-coated	Eels – naturally	Small
play & manipulation	Running water	heating pad*	found	pumpkins/squash
Knot holes	Holts	Astro turf	Shrimp	Omnivore biscuits
Bark sheets	Jacuzzi-like jets in	Floating plastic toys	Aquatic insects –	Monkey chow
Pine cones	pool	Phone Books	naturally found	Pigs ears
Mud	Islands in pools	Swim through plastic	Mice – naturally	Frozen blood blocks,
Sod	7.11	ring	found	cubes, etc.
Bank over-hangs	Bridges made from	Kids puzzle balls,	Frogs – naturally	Hard-boiled eggs
	logs, etc.	Frisbees, billiard balls, hard balls	found	
Floating wood	Stumps	Diff. size pieces of	Grubs	Day-old chicks
blocks	Stumps	PVC pipe & fittings	Gruos	Crabs
Pine needles	Natural fiber mat	Kong chews	Chub	Melons
Other animal urines	Movable sand box	Metal bowls & pans	Minnows	Coconuts
Powdered scents &	Logs brought from	Plastic containers &	Bluegill	Frozen feline balls
herbs	other exhibits	bottles*		
Fresh herbs	Log ladder	Bread tray	Clams	Milk bones
Extracts – i.e.	Non-sprayed Xmas	Kids plastic slide,	Mud minnows	Screw pine nuts,
vanilla, etc.	trees	house		unsalted peanuts
Grapevine balls	Moving soil pots	Stock tank		Krill patties
Shells	Hanging logs w/	Hanging tub*		Hampster ball w/
Turkey feathers	holes for food	Warm water hose		treat
Corn Stalks	Snow Piles	Vari-kennel		Gelatin Jigglers
Blowing bubbles into	Piles of ice cubes	Tubs w/ different		Corn on the cob
exhibit		substrates		Chicken necks
Kudzu vines		PVC tube hung for		Yogurt w/ fish
Cow Hooves		climbing in.		Unsalted ham

^{*} Any item used from this list should be cleared with zoo management and carefully monitored. The items with asterisks should be closely watched, I do not know if any problems ever arose with these things. Many people use paper products however caution should be exercised, there have been problems when the paper becomes wet and "glues" itself to an animals mouth. The same holds true for cardboard.

The table below lists items used at various North American facilities for behavioral and environmental enrichment of otters.

Non-edible Non-edible						
Natural	Exhibit Furniture	manmade	Live Food	Edibles		
- Soil, sand, mulch - Grass, wheat grass, sedges, etc Trees - Vines "vine hoops" - Aquatic plants - Hay, straw, grass, leaves, wood wools as bedding - Grass piles - Leaf piles - Rocks, all sizes for play and manipulation - Knot holes - Bark sheets - Pine Cones - Mud - Sod - Bank over-hangs - Floating wood - Blocks - Pine needles - Other animal urines - Powdered scents and herbs - Fresh herbs - Extracts, i.e., vanilla, etc Grapevine balls - Shells - Turkey feathers - Corn stalks - Blowing bubbles into exhibit - Kudzu vines - Cow hooves	 Climbing areas (available in all exhibits, i.e., cliffs, ledges) Logs (on land, submerged, floating; hollow and/or solid) Rocks (not artificial) Stream Sticks Browse (leafy branches on land and/or floating) Slides Tunnels Stream bed Running water Holts Jacuzzi-like jets in pool Islands in pool Bridges made from logs, etc. Stumps Natural fiber mat Movable sand box Logs brought from other exhibits Log ladder Non-sprayed evergreen trees Moving soil pots Hanging logs with holes for food Snow piles Piles of ice cubes 	 Boomer balls and other products like the "spoolie", "bobbin" & "ice cube". Ice blocks, cubes, pops. Snow & ice PVC cricket feeder Buckets Blankets, burlap, non-fraying rags, towels Barrels of water Frisbees Tubs of water Carpet over board Rubber-coated heating pad* Astro turf Floating plastic toys Phone books Swim through plastic ring Kids puzzle balls, billiard balls, hard balls Pieces of PVC pipe and fittings Kong chews Metal bowls and pans Plastic tubs and bottles Bread tray Plastic slide, house Stock tank Hanging tub* Warm water hose Vari-kennel tubs with substrates PVC tube hung for 	- Fish (smelt, shiners, goldfish, trout, mackerel, tilapia salmon)* - Crayfish - Crickets - Giant mealworms - Earthworms - Freshwater clams - Mussels - Krill - Eels- naturally found - Shrimp - Aquatic insects - naturally found - Mice- naturally found - Frogs – naturally found - Grubs - Chub - Minnows - Bluegill - Clams - Mud minnows	- Ice blocks w/fish, fish-sicles, fish cubes, etc krill cubes, clam cubes, etc Frozen or thawed sand eels - Fish pieces - Chicken necks - Mice - Whole-fish -frozen or thawed - Whole apples/oranges - Fruit & berries incl. grapes, blueberries, strawberries - Small pumpkins and squash - Omnivore biscuits - Monkey chow - Pigs ears - Frozen blood blocks, cubes, etc Hard-boiled eggs - Day-old chicks - Crabs - Melons - Coconuts - Frozen feline balls - Milk bones - Screw pine nuts, unsalted peanuts - Krill patties - Hamster ball w/ treat - Gelatin Jigglers - Corn on the cob - Yogurt with fish - Unsalted ham		
		climbing in				

^{*} These items should be monitored for safety.

Point Defiance Zoo and Aquarium, Oregon, USA - ASC otter

Non-food items

- Boomer balls & Jolly balls
- Bowling pins
- Brushes
- Bucket lids
- Beer kegs, feed barrels & trash cans
- Feed bags
- Clover clumps
- Milk crates, Plastic wagons & Plastic logs
- Water cooler bottles
- Grass flats/clumps
- Hang paper maché figures
- Hollow coconut shells
- Oscillating fan, wind chimes, & bubble machine (outside of enclosure)
- Large logs, rearrange furniture, etc.
- Leaves, sand, and rock piles
- PVC tubes
- Towels, clothes, blankets
- Cardboard boxes and tubes (caution needed when using paper products that can become wet)
- Laser pointer
- Nature tapes
- Perfume/body sprays & Glad scented sprays

- Traffic cones
- Hummus
- Ice piles
- Rose petals
- Burlap sacs
- Straw piles
- Reindeer antlers
- Varied of feeding devices & times
- Nyla bones
- Spices and extracts
- Mirror

Food items

- Honey smears
- Blood popsicles
- Cooked chicken
- Crickets
- Horse meat
- Meal worms
- Peanut butter
- **Pinkies**
- Dry cat food
- Milk bones
- Tuna

Columbus Zoo and Aquarium, Ohio, USA - N. A. river otter/ASC otter

Non-food items

- Bobbin with smelt rubbed on it
- Whole coconuts to roll around
- Yellow pages Bengay [™] ointment inside a boomer ball
- Log switching between animal exhibits
- Regular Alka Seltzer® in PVC tube (very small holes in PVC)
- Corn stalks
- Blocks of recycled plastic with holes drilled in them to dig food items out
- Crickets in PVC tube feeder
- PVC shaker toys
- Milk crates, cardboard box, use with caution
- Pinecone soaked in scents
- Extracts vanilla, almond, lemon & spices
- Elephant manure
- Deodorant spray
- Reindeer antlers & pronghorn sheaths
- Paper maché

- Pig ears and cow hooves
- Painting
- Mustard or tomato sauce
- Large black kong tov
- Floating PVC tube to swim through

Food items

- Liver
- Anchovy paste
- Hard boiled eggs, apples, pumpkins, carrots, blueberries
- Gelatin jigglers
- Live crawdads, live trout in pool, crickets
- Frozen smelt ice blocks
- Blood popsicles
- Knuckles
- Beef hearts
- Mice and rats

Appendix: C

AAZK Enrichment Committee, Enrichment Caution List http://www.aazk.org/committees/enrichment/comm_enrichment_title.php

The AAZK Enrichment Committee offers several useful resources that can be accessed through the web site.

Dietary Enrichment

- Food enrichment, if uncontrolled, can lead to obesity, tooth decay and deviation from the normal diet can cause nutritional problems. Keepers can consult with the nutritionist or commissary staff to determine the best method of introducing novel food items.
- New food items introduced without analysis may cause colic, rumenitis or metabolic acidosis in ungulates.
- Food items can spoil and cause animal illness if left in the exhibit for extended periods of time. Enrichment food items should be removed within a reasonable amount of time to prevent spoilage.
- Animals can have adverse reactions to toxic plants and chemicals. Keepers should be able to correctly discern between toxic and browse plants, ensure that browse is free of fertilizers and herbicides and wash plants to remove free ranging bird and animal feces and debris.
- Foraging or social feedings may give rise to aggression and possible injuries within the animal population.
- Competition for enrichment items may lead to social displacement of subordinate animals. These concerns can be minimized by providing enough enrichment to occupy all of the animals within the population.
- Carcass feedings for omnivores and carnivores may be hazardous if the source of the carcass is not determined and appropriate precautions taken. Diseased animals, chemically euthanized animals or those with an unknown cause of death are not appropriate for an enrichment program. Freezing the carcasses of animals that are determined to be safe to feed to exhibit animals can help minimize the risk of parasitism and disease. Providing enough carcasses in group feedings can minimize competition and aggression within an exhibit.
- Carefully introducing a group of animals to the idea of social feedings can be done by moving carcass pieces closer together at each feeding until the animals are sharing one carcass. This can allow social carnivores to exhibit normal dominance posturing while minimizing the possibility of aggression. During live feedings, prey animals may fight back. Care should be taken to ensure such prey can only inflict superficial wounds on zoo animals.
- Cage furniture may interrupt flight paths or entangle horns and hooves if poorly placed. Careful planning can prevent this.
- If unsecured, some items may fall on an animal or be used as a weapon and cause injuries.
- If position is not thoughtfully considered, limbs and apparatus may provide avenues for escape or may block access into exhibit safety zones, leaving subordinate animals feeling trapped and vulnerable.
- Animals that crib or chew wood should be provided with non-toxic limbs and untreated wood furniture.
- Water features should be tailored to the inhabitants to prevent drowning and ensure that animals such as box turtles can right themselves if they flip over on their backs.
- Animals can be injured in filtration systems if water intake areas are not protected.
- Substrates should provide adequate traction and not cause an intestinal impaction if ingested.
- Caution should be exercised when ropes, cables, or chains are used to hang or secure articles to prevent animals from becoming entangled. Generally, the shortest length possible is

recommended. Chain can be covered with a sheath such as PVC pipe; swivels can be used to connect the chain to the enrichment item to minimize kinking.

Olfactory Enrichment

- Scents from different animals or species can lead to aggression if there is an assertion of dominant animals or subordinate animals attempting to use enrichment to advance their status in the heirarchy.
- Animal feces used for olfactory enrichment should be determined to be parasite free through fecal testing and as with other animal by-products such as feathers, sheds, wool and hair, come from only healthy animals. Many of these items can be autoclaved for sterilization.
- Perfumes can be overwhelming to some animals (and keepers) and are therefore best used in open, ventilated areas.
- Some spices may be too strong or toxic to some animals.

Auditory Enrichment

- When provided with audio enrichment, animals may be less threatened by deflected sounds rather than those directed at the animals.
- Some animals may have adverse reactions to recordings of predator calls and should be closely observed when this type of enrichment is provided.
- Providing the animals with an option for escape or the means to mobilize for confrontation when predator calls are played can lessen the stress of this type of enrichment and allow the animals to investigate the sounds and their environment over a period of time.

Manipulable Enrichment

- Individual parts or enrichment devices may be swallowed resulting in choking or asphyxiation.
- If ingested, indigestible enrichment items may cause a gut impaction or linear obstruction.
- Broken items may have sharp edges that can cut an animal. Only items that are appropriate for the species should be provided. For example, some devices will hold up to the play of a fox but not a wolf
- When building or designing enrichment items from wood, it may be wise to use dovetail cuts and glue rather than screws and nails. Rounded corners and sanded edges can prevent the animals from getting splinters.
- Many paints and other chemicals are toxic if eaten. When providing enrichment involving paint or other chemicals, only non-toxic items should be used.
- If used, destructible items such as cardboard boxes and paper bags should be free of staples, tape, wax, strings or plastic liners. In general the Otter SSP advises against using these items.